



Local Labour Market Information – Living and Working in Thurrock September 2026

The Future is Thurrock video available

The video gives lots of very useful local labour market information in a very watchable way. It explains all of the urban development planned for Thurrock over the next 5 to 10 years and the projected employment opportunities that will be created. [The Future is Thurrock](#)

The video is just over 6 minutes in length but I am sure will spark some interesting discussion afterwards.

NOMIS – Labour Market profile for Thurrock

<https://www.nomisweb.co.uk/reports/lmp/la/1946157204/report.aspx>

The largest single employers in Thurrock

Below are links to the careers pages for the main employers in Thurrock. Just click on the link to find out about the jobs and careers that are available in each of these organisations

McDonalds: <https://people.mcdonalds.co.uk/>

Carpetright: <https://jobs.carpetright.co.uk/>

UPS (Logistics): <https://www.jobs-ups.uk/>

Proctor & Gamble: <https://www.pgcareers.com/location/united-kingdom-jobs/4403-936/2635167/2>

Lakeside Shopping Centre: <https://lakeside-shopping.com/jobs>

DP World London Gateway: <https://www.dpworld.com/london-gateway/careers>

RWE Power: <https://www.rwe.com/en/rwe-careers-portal>

Thurrock Council: <https://www.thurrock.gov.uk/jobs-and-careers>

ASDA: <https://www.asda.jobs/>

Tesco: <https://www.tesco-careers.com/>

Morrisons: <https://www.morrisons.jobs/>



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Port of Tilbury: <https://www.forthports.co.uk/careers/vacancies/>

Amazon: <https://www.amazon.jobs/en/locations/tilbury-uk>
<https://uk.indeed.com/Amazon-jobs-in-West-Thurrock?vjk=bad722fce9e6c055>

NHS: <https://www.healthcareers.nhs.uk/>

Glaxosmithkline: <https://www.gsk.com/en-gb/careers/>

South Essex College:
<https://www.southessex.ac.uk/corporate-and-management/job-vacancies>

Anglican Water:
<https://anglianwatercareers.co.uk/search-and-apply/?discipline=Apprentices&orderBy=latest&perPage=20&page=1>

Remember that the Future is Thurrock video stated that 91.1% of enterprises in Thurrock employ less than 10 people. This is higher than the national average. This means that you may have to think about becoming self-employed or an entrepreneur if you are to work locally. Click on the following links for videos of people sharing 'useful' advice.

What is an entrepreneur?
<https://www.bbc.co.uk/bitesize/articles/z6dpqyc>

What makes a successful entrepreneur?
<https://www.bbc.co.uk/bitesize/articles/zdd8rj6>

How to become an online entrepreneur
<https://www.bbc.co.uk/bitesize/articles/zddg7nb>

Growth mindset
<https://www.bbc.co.uk/bitesize/articles/zmf8cqt>

How to become a Digital Marketing entrepreneur
<https://www.bbc.co.uk/bitesize/articles/zr7b6v4>

Self-employed entrepreneur <https://icould.com/stories/barrie-h/>

Starting your own business <https://icould.com/stories/juan-g/>

20 self-employed personal stories (videos) <https://icould.com/?s=self+employed>



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www.thurrockopportunities.co.uk

This is the local authority careers website containing the latest information on anything careers, jobs and enterprise.

<https://www.thurrockopportunities.co.uk/virtual-careers-fair-hub/employer-booths/all-employers/>

Above is the link to the virtual Opportunity Thurrock Careers Fair containing information from 18 local and national employers.

What's happening in Essex: Digital

Here is the link to the latest, what's happening in Essex LMI sessions.

These to date have been really informative and interesting sessions, to hear directly from employers, regarding their sector.

Here is the link to see all recording to date.

<https://www.thurrockopportunities.co.uk/resources/whats-happening-in-essex-lmi-series/>

[Where next? Discover the best next step for you - Greater Essex Careers Hub](#)

Local Labour Market quizzes for Construction, Engineering, Logistics, Health and Social Care, Creative industries, Digital Technologies and Travel and Tourism.

Useful websites – Researching careers and jobs

The below websites provide information about a number of different careers and university

courses across a wide range of subjects:

→ <http://bbc.com/bitesize/careers>

→ <http://icould.com/explore>

→ <https://careerpilot.org.uk>

→ <https://nationalcareers.service.gov.uk/>

→ <https://www.youthemployment.org.uk/>